

THE IDAHO ODD FELLOW REBEKAH NEWS

VOL. 127 No. 8

MOUNTAIN HOME, ID 83647

SEPTEMBER 2017

Grand Lodge of Idaho 920 Grant Caldwell, ID 83605 (208) 459-2091 www.idahoioof.org



Rebekah Assembly of Idaho P.O. Box 359 Kooskia, ID 83539 (208) 926-4387 www. rebekahsofidaho.com

150th Anniversary of Owyhee Lodge #2



David Deland, Bob Covert, Tom Ashley Merna Deland, Pat Marvin & Donnie Marvin

Silver City - Owyhee Lodge #2 Celebrated it's 150th Anniversary with a potluck lunch followed by a meeting at the historic lodge hall in Silver City, Idaho. The date of the meeting was the same date as the institution of the Lodge: August 26th and of interest is the fact that the 100th anniversary of the lodge was also held on August 26 in 1967. Members who braved the bumpy road to attend the meeting were Donnie and Pat Marvin, Merna and David Deland, Tom Ashley, and Bob Covert. Other members who usually attend were busy at SGL and were missed. Also attending the meeting were some more dead bats, which we couldn't figure out how they got in as the windows were closed. But, the members still enjoyed the old hall and look forward to coming back up next year. The Homeowners Association is planning on fixing the porch next year so it will be interesting to see what it will look like. If anyone needs the 3rd degree, please contact a member of Owyhee Lodge #2 so they can carry on the tradition of putting on the degree in Silver City.

Submitted by Pat Marvin, Secretary





Owyhee Lodge #2 Silver City, Id

Owyhee Lodge #2 will join in with the town of Silver City, Idaho for their annual open house event on Saturday and Sunday, September 16th and 17th. Members from the lodge will go to Silver City and open the hall up to the public on these two days in honor of the 150th Anniversary of Owyhee Lodge #2. The Silver City Homeowners Association is hosting tours for the open house at a cost of \$10.00 each. Tickets are sold at the park from 12:00 noon to 4:00 pm and the tours of the homes and buildings in town will be from 12:00 noon till 5:00 pm. This fund raiser goes to the Silver City Homeowners Association and fixing the porch on the Hall is on their agenda for the near future. Some of the memorabilia from the Hall will be on display and we hope to bring up other lodge items for the public to see. Anyone who would like to help at the hall can contact Donnie Marvin, 208-587-8593. Bring a picnic lunch and come visit.

Submitted by Pat Marvin, Sec. Owyhee Lodge #2



Just A Rambling Note From The Grand Secretary

Well the summer is over I hope everyone had a good and trouble-free summer. The last few months have been very busy summer. I hope to have your lodge packet out before your lodge starts. I have to apologize the computer decided to quite at a very bad time advanced report in the computer. We have got a new computer so now I am just getting it all back together. (Things to remember: in the office when you are doing a big report always back up you report on a thumb drive.) Please read everything in the packet there are three letters from SGL about the youth tour back east. Some members already know about the issue on the trip this year. 2018 there will not be a youth tour back east for 2018. If you have any questions about the letter's please call or email.

SGL will be over by the time you read this letter and the big question that I have been ask, is SGL raising our dues.

Your Lodge will be electing your Grand Lodge representatives this month for our annual sessions.

This year I will have two copies for the representative's I missed the second copy last year. Please send one into Grand Lodge and send the second with your representative.

I look forward to seeing everyone at Session in Fort Hall this year.

In F.L&T Jeff Mann GS

Funeral Aid Notice

If you belong to funeral aid and have not received your assessment. Please call or email Grand Lodge. I have had a few assessments come back due to the address is not currant.

> In F.L&T Jeff Mann



September Assembly-Grand Lodge Update

The phone number for the Sho-Ban Hotel was left off the Registration Form. Their number is (208) 238-4800 and please use Reservation Code 2721. Make your reservations early as they are going fast. If you have special needs for your room, like needing a refrigerator, please let them know when you make your reservation.

Also, if you have any dietary needs (gluten free, diabetic, etc) Please make sure that you note this so we can make the appropriate arrangements.

Remember to send in your registration to the Host Committee by September 30. 2017; remember because of the changes at the US Post Office; it now takes 7 - 10 days to get mail from the western part of the state so please plan accordingly.

We are looking forward to seeing you at Fort Hall in October. Also remember to bring your current dues receipt from you Home Lodge showing dues paid in advance. This will be checked when you register for the sessions.

In F. L. & T., Your 2017 Host Committee

COMING EVENTS 2017 **SEPTEMBER** 16 PIONEER 1/ROSE 18 **IDAHO CITY 12PM** 22 PLANNING BOARD CALDWELL 10AM **OCTOBER** 15-18 GRAND SESSIONS FORT HALL 21 PIONEER 1/ROSE 18 **IDAHO CITY 12PM NOVEMBER** 3-5 NORTHWEST ASSOC. YAKIMA, WA TURKEY DINNER WHITE BIRD 12 MOUNTAIN HOME 16 THANKSGIVING ENC. CHILI FEED 20 BOISE DECEMBER 03 CHRISTMAS PARTY BOISE 6PM 09 CHRISTMAS PARTY NAMPA 6PM **JANUARY 2018** 13 DIST. 4 INSTALLATION BOISE 20 **DIST. 3 INSTALLATION** MOUNTAIN HOME 27 **BATTALION MEETING** BOISE **FEBRUARY 2018**

17	DIST. 4 REBEKAHS	BOISE
10	DIST. 4 IOOF	BOISE



I'm sure that not everyone has turned in their reports for the various committees that they are on, but you should be turning them in by now so that we can have the advance report ready before Grand Sessions. I hope that everyone is ready for the upcoming sessions.

I attended the picnic that Ada #3 hosted at the Municipal Park in Boise. I had a good time and there was plenty of good food there. I'm sure that everyone there had an enjoyable time there.

After this is published I will have already returned from Sovereign Grand Lodge Sessions in St. Louis this year. I hope to learn many new things there and see what the other jurisdictions there are doing to find and keep new members in the order. I know for sure that I will hear about the pilgrimage this year and hopefully the plans for the pilgrimage in the future. I hope that they will be continuing the pilgrimage in the future.

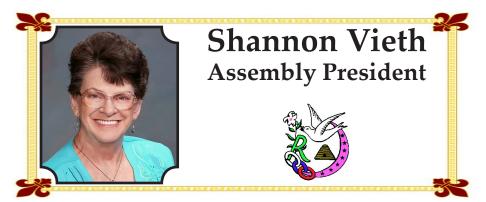
I will finish this month's letter with a story about opportunity. Many years ago there was a king who had a boulder placed in the middle of a well-traveled road. The king then hid himself in the bushes along the road to see what they would do. The wealthiest merchants simply came and walked around the boulder. Many other people blamed the king for the boulder being in the middle of the road and thought that the king should do something about it.

Then along came a peasant carrying a load of food that he had worked hard for to bring home to his family. Seeing the boulder in his path he decided that he should move it so that it would not be a burden for others. He set down his food and tried as hard as he could to move the boulder and finally he succeeded in moving it from the path. He went to pick up his food when he noticed that underneath there was a sack of gold and a note from the king saying that whoever removed the boulder from the road, could have the gold.

I hope that everyone is in good health. I also further hope that everyone is getting ready for the annual sessions in Fort Hall. It is just nearly here.

In F.L.T. Stephen Mann Grand Master





Dear Sisters and Brothers;

I hope everyone had a fun summer with friends and family, I know that I did. I went to Spokane and visited with my daughter, grand kids (and their significant others) and my great-grand kids, had a wonderful time and came back refreshed and ready to get started on the final touches for Assembly. I was looking forward to the picnic in Boise, but health concerns did not allow me to attend. I am sure everyone had a good time and lots of good food.

I have been keeping myself busy getting everything I need ready for October. Thought I had most of it completed, boy was I wrong. I keep thinking of something else that needs (should) be done; but that is just my OCD working overtime.

My many thanks goes to all of my sisters and brothers in District One, they have been working very hard to make sure that your stay in Fort Hall at Assembly-Grand Lodge is the best ever. Also thanks to the sisters and brothers of District Three for their help.

I am looking forward to going to Rose #18 for their meeting this month. I again want to thank all of my sisters and brothers of this lodge for allowing me to change my visitation on such short notice. I know that there will be fantastic food (as always) and a fun meeting.

This has been another sad month for me. We lost one of the most hard working Rebekah's that I know of, Alice Mayer of Bingham #78. Alice was such a shining example of what a Rebekah should be. She always had a smile for everyone and was always stepping up to help when ever you needed her. Our lodge will miss her.

In F. L. & T.; Shannon Vieth, President



Update on Amosette Plans

Plans are coming along and we are planning on having a fun time at the Amosette Dinner. Remember, if you have dietary restrictions, please let us know when you register.

Have you decided on your favorite movie actress form the 1930's thru the 1960's? Remember, this goes along with our President Shannon's theme "The Good Old Days".

You can dress as the person or your favorite character that they played. Some suggestions from the 1950's and 1960's are: Elizabeth Taylor in 'Cat on a Hot Tin Roof'; Irene Dunne in 'I Remember Mama'; Ann Blythe in 'Mildred Pierce'; Grace Kelly in 'The Farmer's Daughter'; or Doris Day in 'Love Me or Leave Me'.

Please bring a table decoration to be auctioned off and a skit or program to help with the entertainment. There will be prizes for best costume and best presentation.

Hope to see you all there!!!!!

Amosette Committee, Cathy Toussaint, Chairperson



From Your Arthritis Committee

If you are feeling more joint pain and stiffness than usual, stress may be the cause. ARTHRITIS TODAY magazine (July-August 2016) suggests three strategies to block stress;

First: Beginning with your feet, tighten the muscle and hold it for 10 seconds. Release and relax for 20 seconds. Repeat upward through the muscles of the body. This will help you focus on the procedure, not the stress or pain. It improves blood flow and may also help headache and insomnia. (I usually fall asleep during the process. If I remember to do it.)

Second: Deep breathing or "belly breathing" is inhaling through your nose for five seconds, holding it for five seconds, and exhaling slowly through the mouth. This also shifts the attention away from stressful thoughts and increases oxygen levels, which helps to slow the heart rate. Attention to the breathing quells stress and eases muscle tension. Try it and see if it helps your Arthritic pain.

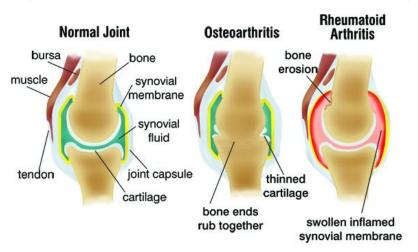
Third: With this technique the person uses their own imagination to create images and sensations. Close your eyes and imagine how you would feel and what you would do if you were in a favorite place, like a camping spot or vacation plan. It is suggested to think about how a noodle would feel as it soaks in warm water, not hot water, and becomes relaxed, soft and flexible. Maybe this relaxation is like the warm baths in a Idaho hot springs or floating down a quiet river.

Managing arthritis isn't about making it disappear; it's about getting on with life despite some discomfort. You may

feel better by saying a few kind words to yourself. Stop negative self-talk. Write on a corner of your bathroom mirror with a dryerase marker, "I Am proud of the person I have become." Remind yourself of your gifts, blessings and talents—give yourself a pat on the back. You might want to list them there, too.

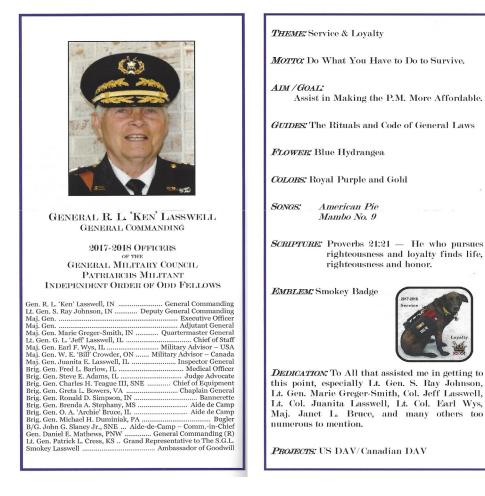
It is not too late to order the magazine, or make a contribution from your lodge. I told everyone how to order in Idaho Rebekah News in January 2017.

Submitted by Anna Breeze



Our International Leaders

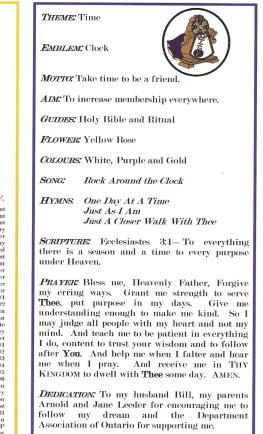
	<i>Morro:</i> Don't just say: "Make a Difference"		<i>Motto:</i> Bloom	Where You're Planted.
	— Do it! THEME: Moving forward in Unity.		<i>GUIDES:</i> The <i>Re</i>	bekah Creed and Odd Fellows Valediction
AEL	1819 THE FUTURE IS NOW LET US		<i>THEME:</i> Back to) the Basics.
	EMBLEM Coming Together in Fraternity.		Valedicti	and follow the Odd Fellows on and Rebekah Creed; be an nember; SUPPORT the leaders
	CHALLENGE: All units, in all branches of the		S you have	e chosen to serve; INQUIRE needs of others, then do
	Order, to increase their total membership by "1".	LINDA L. THOMPSON PRESIDENT—LA.R.A.	L somethin C speak up	g for them; have COURAGE to b, to always say and do the
THE HONORABLE	<i>GOALS:</i> To remind and encourage all members to leave petty differences			ng; strive to be of SERVICE to on each day.
JOHN A. MILLER SR. Sovereign Grand Master	behind and come together in fraternity at the end of each meeting.			w 5:15-16 — Let your light
INDEPENDENT ORDER OF ODD FELLOWS 2017-2018 OFFICERS	SCRIPTURE: Psalms 133:1—Behold, how good and pleasant it is when brothers			efore men, that they may see od works.
OF THE SOVEREIGN GRAND LODGE, I.O.O.F.	dwell in unity! <i>GUIDE:</i> Code of General Laws	2017-2018 OFFICERS OF THE	FLOWER: The Su	nflower
John A. Miller Sr., CT Sovereign Grand Master Commander-in-Chief Douglas E. Pittman, CO Deputy Sovereign Grand Master	Song: Come Together	INTERNATIONAL ASSOCIATION OF REBEKAH ASSEMBLIES, I.O.O.F.	Color: Yellow	
Sovereign Grand Sacer Sovereign Grand Secretary Executive Adjutant General	FUN SONG: Yankee Doodle Dandy	Linda L. Thompson, AZ President Patty A. Heighton, AP Vice President	Song: She's a	n Eagle When She Flies
Harless A. Turner, WVSovereign Grand TreasurerEdward J. Copping, QCSovereign Grand Marshal	FLOWER: Yellow Swamp Iris	Warden Secretary	BOING. BUES A	Dolly Parton
Neville Richen, MA Sovereign Grand Conductor Arlan Miller, IL Sovereign Grand Chaplain Michelle L. Heckart, IA Sovereign Grand Musician Ronald D. Hanson, WA Sovereign Grand Guardian	DEDICATION: My year is dedicated to all the brothers and sisters in our great Order, both past and present. Brotherhood and Sisterhood in	S. Sue Zylstra, IA Treasurer Deborah J. Guthrey, AZ Marshal Carolyn Schaffer, NM Conductor Carla Branton, CO Chaplain		'ell With My Soul e I Have Been Given Much
Steven J. Giuffre, CT Sovereign Grand Messenger Brig, Gen. John G. Slaney Jr., SNE Aide-de-Camp Steven M. Wooten, NJ Ambassador of Goodwill	togethernosi and unity is what makes us great. It is my hope that we all dedicate ourselves to these principles.	G. Dianne Cruxton, ON Musician Pamela Ottas, BC Guardian Vickie V. Braucci, CT Guardian	Friendship is the re	flection of a



Don't Just Say: Make a Difference - DO IT!

COMMUNITY SERVICE: by involving your Lodge in Community activities and civic projects; through this involvement we will increase awareness of Odd Fellowship in our Communities. Branch out into your community, be part of the community.





PROJECT: IALAPM Travel Fund

Support the Projects of the Order

I.O.O.F. Educational Foundation Visual Research Foundation Hunger & Disaster Living Legace Arthritis (Foundation and Society I.O.O.F. SOS Children's Village - Cambodia

Fall 2017 Northwest Registration Form Deadline October 2, 2017

Sunday - September 10



Grandparents' Day History

Grandparents Day serves to honor and recognize the contributions of grandparents in our lives. Grandparents are a society and a family's ties to its past as they pass on important values, beliefs and ideals to future generations. Their wisdom and love are recognized every year on the first Saturday after Labor Day in September.

National Grandparents Day was founded by Jacob Reingold and Marian McQuade. In 1961, during the White House Conference on Aging, Reingold was inspired to focus on the role of grandparents in society and he subsequently held the first Grandparents Day at his retirement home later that year. By 1961, the New York borough of the Bronx had made Grandparents Day an official holiday. Then, in 1970, Mrs. McQuade began to petition for the

government to proclaim a day for grandparents. In 1973, the first Grandparents Day was proclaimed in West Virginia and in 1978, bill to proclaim National Grandparents Day was signed by President Jimmy Carter. According to President Carter, the elders of each family have the responsibility for setting the moral tone for the family and for passing on the traditional values of our Nation to their children and grandchildren.

In 2004, the National Grandparents Day Council named A Song for Grandma and Grandpa by Johnny Prill as the official song of National Grandparents Day.

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Grand Sessions & Assembly in Fort Hall

This issue should have the Registration form for our Assembly & Grand Sessions to be held in Fort Hall, ID October 15-18, 2017.

If you have any dietary requirements, or special needs, please let us know when you send in your registration so that the Committee can make sure that your needs are met.

Remember, cut off date for making Hotel Reservations and Registration is September 30, 2017.

Please send your registrations to: Cathy Toussaint Host Committee Secretary P. O. Box 1064 Blackfoot, ID 83221

Fraternally, David Livingston Host Committee Chair



The Shoshone-Bannock Hotel & Event Center owned by the Shoshone-Bannock Tribes welcomes guests to Southern Idaho's newest destination adjacent to the popular Fort Hall Casino. Deluxe accommodations include the luxurious Cedar Spa, delicious dining at the Camas Sports Grill and 15,000 square feet of Event Center meeting space. Conveniently located off Interstate 15, 10 miles North of Pocatello, and only two and a half hours away from the West Entrance to Yellowstone National Park, the new destination offers a Las Vegas style experience close to home for guests traveling near or far.

GRAND LODGE & REBEKAH ASSEMBLY OF IDAHO IOOF OF IDAHO D-BAN HOTEL, FORT HALL, ID (208) 238-4800 (BOOKING ID # 2721) OCTOBER 15-19, 2017 OM RATE: SINGLE \$ 89.00 PLUS TAX; DOUBLE \$ 89.00 PLUS TAX (Cut Off Date is September 30, 2017)	PRE-REGISTRATION FORM DUE BY SEPTEMBER 30, 2017REGISTRATION FEE IS DUE FROM EVERYONE ATTENDING ANY SESSION OR COMBINATION OF SESSIONS FROM ANY UNIT.IF A TICKET IS PURCHASED FOR A DINNER OR BANQUET, AND YOU CHOOSE NOT TO ATTENDTHIS WILL NOT BE REFUNDED AS WE HAVE TO GUARENTEE MEALS	ME: UNIT(S) AND TITLE(S) AT ASSEMBLY (CIRCLE AS MANY AS NEEDED) REBEKAH:	DEPT COUNCIL:		(a) \$ 23.00 (a) \$ 23.00 (a) \$ 23.00 (a) \$ 23.00 (a) \$ 20.00	AMOSETTE BANQUET (a) \$ 23.00 AMOS BANQUET (a) \$ 23.00 AMOS BANQUET (a) \$ 23.00 COST OF GENERAL BANQUET INCLUDES ENTERTAINMENT BY THE SHO-BAN DANCERS (a) \$ 40.00 (MENU: CIRCLE ONE) (a) \$ 40.00 (b) (SKIRT STEAK) (SALMON) (SALMON)	ABLE TO "GRAND LODGE HOST COMMITTEE" FOR THE PLUS THE AMOUNT FOR ALL BANQUETS/LUNCHES/DINNERS AND CATHY TOUSSAINT, HOST COMMITTEE SECRETARY P.O. BOX 1064 BLACKFOOT, ID 83221	
GRAND LODGE & REBEKAH ASSEMBLY OF IDAHO IOOF OF ID SHO-BAN HOTEL, FORT HALL, ID (208) 238-4800 (BOOKING ID # 2 OCTOBER 15-19, 2017 ROOM RATE: SINGLE \$ 89.00 PLUS TAX; DOUBLE \$ 89.00 PLUS TAX (Cut Off Date is September 30, 2017)	PRE-REGISTRATION FOR A REGISTRATION FEE IS DUE FROM <u>EVERYO</u> SESSIONS IF A TICKET IS PURCHASED FOR A DINNER (THIS WILL NOT BE REFUNDED	NAME: UNIT(S) AND TITLE(S) AT ASSE TOOF:	ENCAMPMENT: L.A.P.M:	PRE-REGISTRATION FEE, PER PERSON (ALL UNITS) REGISTRATION AT THE DOOR \$ 20.00	PRESIDENT'S LUNCH Grand Officers Dinner Past President's Dinner Historical Society Luncheon	AMOSETTE BANQUET AMOS BANQUET AMOS BANQUET COST OF GENERAL BANQUET INCLUDES (MENU: CIRCLE ONE) (SKIRT STEAK)	TOTAL ENCLOSED S MAKE CHECKS PAYABLE TO "GRAND LODGE HOST COMMITTEE" FOR THE REGISTRATION FEE PLUS THE AMOUNT FOR ALL BANQUETS/LUNCHES/DINNERS AND SEND TO: CATHY TOUSSAINT, HOST COMMITTEE SECRETARY P.O. BOX 1064 BLACKFOOT, ID 83221	THANK YOU, GRAND LODGE HOST COMMITTEE

The SGL - IARA Membership Program SPONSOR of NEW MEMBER	OND NEW MEMBER				
Sponsor Name	Date Admitted Bro Sis				
New Member's Lodge	Name Address				
Lodge Secretary Name	City				
Address	State/Province				
City	Postal/Zip Code				
State/Province	Date of Birth: M/D/Y				
Postal/Zip Code	E-mail:				
	Phone:				



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